Your First Five Steps

A practical starting point for your household. Start with a conversation, make a few decisions, and choose one useful task to complete.

☐ 01 / Know Your Household

Consider children, pets, accessibility needs, caregivers, and the routines your plan must support.

☐ 02 / Agree on How to Reconnect

Choose a meeting place, a backup, and an outside-area contact. Discuss what to do if phones are unavailable.

☐ 03 / Write Down Essential Contacts

Keep important numbers somewhere you can access without a charged phone. Tell household members where to find them.

☐ 04 / Check Before You Buy

Inventory the supplies you already own. Check their condition and identify the three most useful gaps to address.

☐ 05 / Practice and Review

Talk through your plan together. Assign a task owner and choose a date to check progress and update details.

Keep your completed plan private. This checklist is a planning aid; follow instructions from local authorities during an emergency.

Planning reference: American Red Cross - Make a Plan
redcross.org/get-help/how-to-prepare-for-emergencies/make-a-plan.html

Make It Your Own

Use this page to turn the checklist into a short, manageable plan. Store the completed worksheet securely; do not send personal household information to us.

Our First Planning Priority

Where We Will Keep Our Written Contact List

The Next Three Improvements We Will Make

Who Will Handle the Next Task?

Target Date

Next Household Review

One useful next step is enough to begin. Review what worked, adjust what did not, and keep the plan understandable to the people who will use it.

Explore practical learning resources at patriot-response.com/resources/